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Funnily enough, that book mentions Dr. Sarno's The
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authors take offense at the idea that it might be all in your
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The Mind-Body Prescription By John Sarno, MD Book Summary Dr John Sarno is a rehabilitation specialist based at the Rusk Rehabilitation Institute in New York and a leader in mind-body medicine. Dr Sarno has developed a theory based on Freud's model of unconscious and conscious experience to explain low back syndrome, commonly ascribed by other rehabilitation physicians as arthritis, spinal

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