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Your Brain at Work | Psychology Today

Your Brain at Work Using neuroscience to improve daily life David Rock is executive director of the NeuroLeadership Institute, and CEO of the NeuroLeadership Group, a global consulting firm.

Your Brain at Work

In his new book "Your Brain at Work," coach David Rock depicts the story of two people over one day at the office, and what's happening in their brains that makes it so hard to focus and be

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Featuring David Rock, Author of Your Brain at Work: Strategies for Overcoming Distraction, profession and author of Your Brain at Work, Mr. Rock explores the emerging science of the brain and how knowing about the brain can help you create an organizational structure that inspires your employees to take pride in their work, bring more attention and resourcefulness to their tasks, and **Your Brain at Work ebook by David Rock - Rakuten Kobo**

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